

## A person living with Dementia is 4 times more likely to experience Trips and Falls

### Why?

- Changes in their visual perception
- Dehydration and poor diet
- Changes in emotional responses and judgement
- Increased medication
- Loss of mobility
- Loss of confidence
- Unknown pain or discomfort
- Sensitivity to noise and noise levels



### Actions to Consider

- ✓ Regular Eye & Hearing Tests
- ✓ Dental checks
- ✓ Medication reviews
- ✓ Keeping active and eating well
- ✓ Gain Knowledge of Dementia Friendly Environments to help to create a Dementia Friendly Home

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